

CHAMPLIN WEEKLY MENU

Week of February 2 - 8

- **Chicken Sandwich, Hamburgers & Cheeseburgers: Everyday
- **Pasta served with 3 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesdays
- **Macaroni & Cheese Everyday (Next to French Fries)
- * Visit our NEW Healthy Choice Station Monday-Friday, Located to the Left of the Pizza Station

~ Menu subject to change due to availability ~

MONDAY – 2/2 OMELETS TO ORDER Egg & Cheese on an English Muffin	SOUP: New England Clam Chowder ENTRÉE: BBQ Chicken STARCH & VEGETABLE: Salt Potatoes / Corn SALAD: Macaroni Salad & Potato Salad COOK’S CORNER: Philly Cheesesteak ALLERGEN: GF BBQ Chicken, Salt Potatoes & Corn HEALTHY CHOICE: PIZZA: Veggie Lovers Pizza DESSERT: Smores Cookies Happy Groundhog Day! Spring Fling Pop Up!!	SOUP: New England Clam Chowder ENTRÉE: Meatballs & Marinara Sauce with Hoagie Roll STARCH & VEGETABLE: Garlic Toast / Italian Blend Veggies SALAD: Macaroni Salad & Potato Salad COOK’S CORNER: Philly Cheesesteak ALLERGEN: GF Meatballs & Marinara with GF Penne & Marinara, Asiago Cheese on the Side & Italian Blend Veggies PIZZA: Veggie Lovers Pizza DESSERT: Apple Pie
TUESDAY – 2/3 OMELETS TO ORDER Western Egg Wraps	SOUP: Chicken Noodle Soup & Potato Leek ENTRÉE: Hot Honey Chicken STARCH & VEGETABLE: Baked Beans / Baby Carrots SALAD: Cole Slaw COOK’S CORNER: Vietnamese Style Bahn Mi Pulled Chicken Sandwich DELI: BURRITO BAR! ALLERGEN: GF Hot Honey Chicken Tenders, Baked Beans & Baby Carrots PIZZA: Chicken Bacon Ranch Pizza DESSERT: Assorted Brownies	SOUP: Chicken Noodle Soup & Potato Leek ENTRÉE: BBQ Pulled Beef STARCH & VEGETABLE: Roasted Potatoes / Steamed Veggie Blend SALAD: Cole Slaw COOK’S CORNER: Vietnamese Style Bahn Mi Pulled Chicken Sandwich DELI: BURRITO BAR! ALLERGEN: GF BBQ Pulled Beef, Roasted Potatoes & Steamed Veggie Blend PIZZA: Chicken Bacon Ranch Pizza DESSERT: Make Your Own Berry Shortcake
WEDNESDAY – 2/4 OMELETS TO ORDER Egg & Cheese on a Bagel	SOUP: Vegetable Soup ENTRÉE: Chicken Teriyaki (GF) STARCH & VEGETABLE: Jasmine Rice / Broccoli SALAD: Broccoli Bacon Salad COOK’S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: GF Chicken Teriyaki, Jasmine Rice & Steamed Broccoli HEALTHY CHOICE: Roasted Sweet Potatoes w/Feta, Pecans & Maple Drizzle PIZZA: Garlic Knots, Baked Manicotti DESSERT: Lemon Cooler Cookies	SOUP: Vegetable Soup ENTRÉE: Grilled Pork Chops w/Dijon Herb Marinade STARCH & VEGETABLE: Buttered Corn Muffins / Monte Carlo Blend Veggies SALAD: Broccoli Bacon Salad COOK’S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: GF Grilled Pork Chops w/Dijon Herb Marinade, Steamed Potatoes & Monte Carlo Blend Veggies HEALTHY CHOICE: Roasted Sweet Potatoes w/Feta, Pecans & Maple Drizzle PIZZA: Garlic Knots, Baked Manicotti DESSERT: Carrot Cake
THURSDAY – 2/5 OMELETS TO ORDER Waffle Sandwich w/Egg & Sausage	SOUP: Italian Chicken Tortellini Soup & Bacon Cheddar Chowder ENTRÉE: Grilled Jerk Chicken w/Honey Glaze STARCH & VEGETABLE: Parsley Buttered Potatoes / Sauteed Zucchini, Grape Tomato, Red Onion & Garlic SALAD: Caesar Salad COOK’S CORNER: Crepe Bar – Sweet or Savory ALLERGEN: GF Jerk Chicken, Parsley Buttered Potatoes & Sauteed Zucchini, Grape Tomato, Red Onion & Garlic HEALTHY CHOICE: Cheesy Herb Cucumber Rounds PIZZA: Garlic, Tomato & Spinach Pizza DESSERT: Almond Joy Cookies	SOUP Italian Chicken Tortellini Soup & Bacon Cheddar Chowder ENTRÉE: Beef & Broccoli STARCH & VEGETABLE: White Rice / Garlic Green Beans SALAD: Caesar Salad COOK’S CORNER: Crepe Bar – Sweet or Savory ALLERGEN: GF Beef & Broccoli, White Rice & Garlic Green Beans HEALTHY CHOICE: Cheesy Herb Cucumber Rounds PIZZA: Garlic, Tomato & Spinach Pizza DESSERT: Cannoli
FRIDAY – 2/6 OMELETS TO ORDER Egg & Cheese on a Biscuit	SOUP: Beef Vegetable Soup ENTRÉE: Cajun Catfish w/Remoulade Sauce & Lemon Wedge STARCH & VEGETABLE: Rice Pilaf / California Blend Veggies COOK’S CORNER: Roasted or Fried Chicken Wrap DELI: BURRITO BAR! ALLERGEN: GF Fried Chicken Wrap w/GF Tortilla & Baked Lays PIZZA: Four Cheese Pizza DESSERT: Chocolate Chunk Cookies	SOUP: Beef Vegetable Soup ENTRÉE: Carved Roast Beef with Beef Gravy STARCH & VEGETABLE: Mashed Potatoes / Chateau Blend Veggies COOK’S CORNER: Roasted or Fried Chicken Wrap DELI: BURRITO BAR! ALLERGEN: Carved Roast Beef with GF Beef Gray, Mashed Potatoes & Chateau Blend Veggies PIZZA: Four Cheese Pizza DESSERT: Pumpkin Pie
SATURDAY – 2/7 Continental Breakfast Omelets (CTO) 9:30am-11:00am	SOUP: Soup Du Jour ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Breakfast Quesadilla (11:00-2:00) COOK’S CORNER: Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizza DESSERT: Assorted Pastries, Muffins & Donuts	SOUP: Soup Du Jour ENTRÉE: Chicken Pepperata with a Roasted Pepper Cream Sauce STARCH & VEGETABLE: Rotini Pasta / Sauteed Spinach with Garlic Oil COOK’S CORNER: Closed ALLERGEN: GF Chicken Pepperata with Roasted Pepper Cream Sauce, GF Pasta & Sauteed Spinach with Garlic Oil PIZZA: Assorted Pizza DESSERT: Ice Cream Novelties
SUNDAY – 2/8 Continental Breakfast Omelets (CTO) 9:30am-11:00am	SOUP: Soup Du Jour ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) French Toast (11:00-2:00) COOK’S CORNER: Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizzas DESSERT: Assorted Pastries, Muffins & Donuts	SOUP: Soup Du Jour ENTRÉE: Football Frenzy!!! Wing Bar / Pigs in a Blanket / Beef Chili STARCH & VEGETABLE: Curly Fries / Onion Rings / Carrot & Celery Sticks COOK’S CORNER: Closed ALLERGEN: GF Wing Bar (Baked), Baked Fries & Celery & Carrot Sticks PIZZA: Assorted Pizza DESSERT: Ice Cream Novelties FOOTBALL Frenzy Pop-Up! 