

# CHAMPLIN WEEKLY MENU

## Week of February 2 - 8

\*\*Chicken Sandwich, Hamburgers & Cheeseburgers: Everyday

\*\*Pasta served with 3 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesdays

\*\*Macaroni & Cheese Everyday (Next to French Fries)

\* Visit our NEW Healthy Choice Station Monday-Friday, Located to the Left of the Pizza Station

### Monday - Friday:

Breakfast 7am - 10:30am  
Lunch 11am -4pm  
Dinner 4:30pm - 7pm

### Saturday - Sunday:

Breakfast 9:30am - 10:30am  
Lunch 11am -4pm  
Dinner 4:30pm - 6pm

### BREAKFAST Available Daily:

Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries

### LUNCH Available Daily:

Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Mac & Cheese, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

### DINNER Available Daily:

Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

~ Menu subject to change due to availability ~

### MONDAY - 2/2

#### OMELETS TO ORDER

Egg & Cheese on an English Muffin

**SOUP:** New England Clam Chowder

**ENTRÉE:** BBQ Chicken

**STARCH & VEGETABLE:** Salt Potatoes / Corn

**SALAD:** Macaroni Salad & Potato Salad

**COOK'S CORNER:** Philly Cheesesteak

**ALLERGEN:** GF BBQ Chicken, Salt Potatoes & Corn

**HEALTHY CHOICE:**

**PIZZA:** Veggie Lovers Pizza

**DESSERT:** Smores Cookies

**Happy Groundhog Day! Spring Fling Pop Up!!**

**SOUP:** New England Clam Chowder

**ENTRÉE:** Meatballs & Marinara Sauce with Hoagie Roll

**STARCH & VEGETABLE:** Garlic Toast / Italian Blend Veggies

**SALAD:** Macaroni Salad & Potato Salad

**COOK'S CORNER:** Philly Cheesesteak

**ALLERGEN:** GF Meatballs & Marinara with GF Penne & Marinara, Asiago Cheese on the Side & Italian Blend Veggies

**PIZZA:** Veggie Lovers Pizza

**DESSERT:** Apple Pie

### TUESDAY - 2/3

#### OMELETS TO ORDER

Western Egg Wraps

**SOUP:** Chicken Noodle Soup & Potato Leek

**ENTRÉE:** Hot Honey Chicken

**STARCH & VEGETABLE:** Baked Beans / Baby Carrots

**SALAD:** Cole Slaw

**COOK'S CORNER:** Vietnamese Style Bahn Mi Pulled Chicken Sandwich

**DELI:** BURRITO BAR!

**ALLERGEN:** GF Hot Honey Chicken Tenders, Baked Beans & Baby Carrots

**PIZZA:** Chicken Bacon Ranch Pizza

**DESSERT:** Assorted Brownies

**SOUP:** Chicken Noodle Soup & Potato Leek

**ENTRÉE:** BBQ Pulled Beef

**STARCH & VEGETABLE:** Roasted Potatoes / Steamed Veggie Blend

**SALAD:** Cole Slaw

**COOK'S CORNER:** Vietnamese Style Bahn Mi Pulled Chicken Sandwich

**DELI:** BURRITO BAR!

**ALLERGEN:** GF BBQ Pulled Beef, Roasted Potatoes & Steamed Veggie Blend

**PIZZA:** Chicken Bacon Ranch Pizza

**DESSERT:** Make Your Own Berry Shortcake

### WEDNESDAY - 2/4

#### OMELETS TO ORDER

Egg & Cheese on a Bagel

**SOUP:** Vegetable Soup

**ENTRÉE:** Chicken Teriyaki (GF)

**STARCH & VEGETABLE:** Jasmine Rice / Broccoli

**SALAD:** Broccoli Bacon Salad

**COOK'S CORNER:** Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces

**ALLERGEN:** GF Chicken Teriyaki, Jasmine Rice & Steamed Broccoli

**HEALTHY CHOICE:** Roasted Sweet Potatoes w/Feta, Pecans & Maple Drizzle

**PIZZA:** Garlic Knots, Baked Manicotti

**DESSERT:** Lemon Cooler Cookies

**SOUP:** Vegetable Soup

**ENTRÉE:** Grilled Pork Chops w/Dijon Herb Marinade

**STARCH & VEGETABLE:** Buttered Corn Muffins / Monte Carlo Blend Veggies

**SALAD:** Broccoli Bacon Salad

**COOK'S CORNER:** Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces

**ALLERGEN:** GF Grilled Pork Chops w/Dijon Herb Marinade, Steamed Potatoes & Monte Carlo Blend Veggies

**HEALTHY CHOICE:** Roasted Sweet Potatoes w/Feta, Pecans & Maple Drizzle

**PIZZA:** Garlic Knots, Baked Manicotti

**DESSERT:** Carrot Cake

### THURSDAY - 2/5

#### OMELETS TO ORDER

Waffle Sandwich w/Egg & Sausage

**SOUP:** Italian Chicken Tortellini Soup & Bacon Cheddar Chowder

**ENTRÉE:** Grilled Jerk Chicken w/Honey Glaze

**STARCH & VEGETABLE:** Parsley Buttered Potatoes / Sauteed Zucchini, Grape Tomato, Red Onion & Garlic

**SALAD:** Caesar Salad

**COOK'S CORNER:** Crepe Bar – Sweet or Savory

**ALLERGEN:** GF Jerk Chicken, Parsley Buttered Potatoes & Sauteed Zucchini, Grape Tomato, Red Onion & Garlic

**HEALTHY CHOICE:** Cheesy Herb Cucumber Rounds

**PIZZA:** Garlic, Tomato & Spinach Pizza

**DESSERT:** Almond Joy Cookies

**SOUP:** Italian Chicken Tortellini Soup & Bacon Cheddar Chowder

**ENTRÉE:** Beef & Broccoli

**STARCH & VEGETABLE:** White Rice / Garlic Green Beans

**SALAD:** Caesar Salad

**COOK'S CORNER:** Crepe Bar – Sweet or Savory

**ALLERGEN:** GF Beef & Broccoli, White Rice & Garlic Green Beans

**HEALTHY CHOICE:** Cheesy Herb Cucumber Rounds

**PIZZA:** Garlic, Tomato & Spinach Pizza

**DESSERT:** Cannoli

### FRIDAY - 2/6

#### OMELETS TO ORDER

Egg & Cheese on a Biscuit

**SOUP:** Beef Vegetable Soup

**ENTRÉE:** Cajun Catfish w/Remoulade Sauce & Lemon Wedge

**STARCH & VEGETABLE:** Rice Pilaf / California Blend Veggies

**COOK'S CORNER:** Roasted or Fried Chicken Wrap

**DELI:** BURRITO BAR!

**ALLERGEN:** GF Fried Chicken Wrap w/GF Tortilla & Baked Lays

**PIZZA:** Four Cheese Pizza

**DESSERT:** Chocolate Chunk Cookies

**SOUP:** Beef Vegetable Soup

**ENTRÉE:** Carved Roast Beef with Beef Gravy

**STARCH & VEGETABLE:** Mashed Potatoes / Chateau Blend Veggies

**COOK'S CORNER:** Roasted or Fried Chicken Wrap

**DELI:** BURRITO BAR!

**ALLERGEN:** Carved Roast Beef with GF Beef Gray, Mashed Potatoes & Chateau Blend Veggies

**PIZZA:** Four Cheese Pizza

**DESSERT:** Pumpkin Pie

### SATURDAY - 2/7

#### Continental Breakfast

Omelets (CTO)

9:30am-11:00am

**SOUP:** Soup Du Jour

**ENTRÉE:** Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00)

Breakfast Quesadilla (11:00-2:00)

**COOK'S CORNER:** Omelets

**HOT CERAL BAR:** Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar

**ALLERGEN:** GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread

**PIZZA:** Assorted Pizza

**DESSERT:** Assorted Pastries, Muffins & Donuts

**SOUP:** Soup Du Jour

**ENTRÉE:** Chicken Pepperata with a Roasted Pepper Cream Sauce

**STARCH & VEGETABLE:** Rotini Pasta / Sauteed Spinach with Garlic Oil

**COOK'S CORNER:** Closed

**ALLERGEN:** GF Chicken Pepperata with Roasted Pepper Cream Sauce, GF Pasta & Sauteed Spinach with Garlic Oil

**PIZZA:** Assorted Pizza

**DESSERT:** Ice Cream Novelties

### SUNDAY - 2/8

#### Continental Breakfast

Omelets (CTO)

9:30am-11:00am

**SOUP:** Soup Du Jour

**ENTRÉE:** Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs

(9:30-2:00)

French Toast (11:00-2:00)

**COOK'S CORNER:** Omelets

**HOT CERAL BAR:** Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar

**ALLERGEN:** GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread

**PIZZA:** Assorted Pizzas

**DESSERT:** Assorted Pastries, Muffins & Donuts

**SOUP:** Soup Du Jour

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