

CHAMPLIN WEEKLY MENU

Week of March 23 - 29

****Chicken Sandwich, Hamburgers & Cheeseburgers: Everyday**

****Pasta served with 3 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesdays**

****Macaroni & Cheese Everyday (Next to French Fries)**

*** Visit our NEW Healthy Choice Station Monday-Friday, Located to the Left of the Pizza Station**

~ Menu subject to change due to availability ~

<p>Monday - Friday:</p> <p>Breakfast 7am – 10:30am Lunch 11am -4pm Dinner 4:30pm – 7pm</p>
<p>Saturday - Sunday:</p> <p>Breakfast 9:30am – 10:30am Lunch 11am -4pm Dinner 4:30pm – 6pm</p>

<p>BREAKFAST Available Daily:</p> <p>Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries</p>

<p>LUNCH Available Daily:</p> <p>Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Mac & Cheese, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream</p>

<p>DINNER Available Daily:</p> <p>Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream</p>

BREAKFAST	LUNCH	DINNER
<p>MONDAY – 3/23</p> <p>OMELETS TO ORDER Egg & Cheese on a Bagel</p>	<p>SOUP: Turkey Rice Soup ENTRÉE: WING BAR! STARCH & VEGETABLE: Garlic Cheddar Biscuits / California Blend Veggies SALAD: Macaroni Salad COOK’S CORNER: QUESADILLA BAR! ALLERGEN: GF Chicken Wings, GF Sweet Potato Fries & California Blend Veggies HEALTHY CHOICE: Greek Yogurt Dip w/Veggies PIZZA: English Muffin Pizza DESSERT: Peanut Butter Cookies</p>	<p>SOUP: Turkey Rice Soup ENTRÉE: Sloppy Joes (GF) STARCH & VEGETABLE: Tater Tots w/Bacon & Cheddar / Corn SALAD: Macaroni Salad COOK’S CORNER: QUESADILLA BAR! ALLERGEN: GF Sloppy Joes, White Rice & Corn HEALTHY CHOICE: Greek Yogurt Dip w/Veggies PIZZA: English Muffin Pizza DESSERT: Toasted Almond Cake</p>
<p>TUESDAY – 3/24</p> <p>OMELETS TO ORDER Egg & Cheese on a Biscuit</p>	<p>SOUP: Beef Chili / Italian Wedding Soup ENTRÉE: Shrimp Scampi Over Linguine Pasta STARCH & VEGETABLE: Garlic Bread / Sauteed Zucchini, Yellow Squash, Grape Tomatoes & Garlic Oil SALAD: Ambrosia COOK’S CORNER: Ramen Noodle Bowl DELI: BURRITO BAR! ALLERGEN: GF Baked Ziti w/Meat Sauce & Melted Mozzarella Cheese & Sauteed Asparagus HEALTHY CHOICE: Turkey Pinwheels w/Roasted Red Peppers & Spinach PIZZA: Caramelized Onion & Crumbled Blue Cheese Pizza w/Balsamic Drizzle DESSERT: Double Chocolate Chip Cookies</p>	<p>SOUP: Beef Chili / Italian Wedding Soup ENTRÉE: Roasted London Broil w/Beef Jus STARCH & VEGETABLE: Parsley Buttered Potatoes / Glazed Baby Carrots SALAD: Ambrosia COOK’S CORNER: Ramen Noodle Bowl DELI: BURRITO BAR! ALLERGEN: Roasted London Broil, GF Au Jus, Parsley Buttered Potatoes & Glazed Baby Carrots HEALTHY CHOICE: Turkey Pinwheels w/Roasted Red Peppers & Spinach PIZZA: Caramelized Onion & Crumbled Blue Cheese Pizza w/Balsamic Drizzle DESSERT: Monthly Birthday Cake or Cupcakes</p>
<p>WEDNESDAY – 3/25</p> <p>OMELETS TO ORDER Bacon, Egg & Cheese Tarts</p> <p>* HALAL SHACK Pop-Up * 11:00am – 1:30pm</p>	<p>SOUP: Loaded Potato Soup ENTRÉE: Kielbasa STARCH & VEGETABLE: Pierogies w/Caramelized Onions & Sour Cream / Garden Blend Veggies SALAD: Cheese Tortellini Pesto Pasta Salad COOK’S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: Kielbasa, Garlic Parm Baby Bakers & Garden Blend Veggies HEALTHY CHOICE: Pineapple Cottage Cheese w/Side of Granola, Craisins & Pecans PIZZA: Cheesy Garlic Bread Sticks / Spinach & Cheese Ravioli DESSERT: White Chip Cranberry Cookies</p>	<p>SOUP: Loaded Potato Soup ENTRÉE: Maple Glazed Ham STARCH & VEGETABLE: Baked Beans / Steamed 5 Way Mixed Veggies SALAD: Cheese Tortellini Pesto Pasta Salad COOK’S CORNER: Pasta Action with choice of Chicken, Shrimp, Sausage, Veggies, & Sauces ALLERGEN: Maple Baked Ham, Baked Beans, Steamed 5 Way Mixed Vegetables HEALTHY CHOICE: Pineapple Cottage Cheese w/Side of Granola, Craisins & Pecans PIZZA: Cheesy Garlic Bread Sticks / Spinach & Cheese Ravioli DESSERT: Strawberry Layer Cake</p>

BREAKFAST**LUNCH****DINNER**

<p>THURSDAY – 3/26 OMELETS TO ORDER Egg & Cheese on an English Muffin</p> <p>Chips – All Spiced Up! Lumps Spice Co Pop-Up Lunchtime</p>	<p>SOUP: Chicken Corn Chowder / Butternut Squash Bisque ENTRÉE: Gyros w/Pita Bread, Diced Tomato, Tzatziki Sauced, Diced Red Onion & Lettuce STARCH & VEGETABLE: Lemon Herb Rice / Chateau Blend Veggies SALAD: Italian Shrimp Salad COOK’S CORNER: STIR FRY BAR DELI: BURRITO BAR! ALLERGEN: GF Gyros w/GF Wrap, Diced Tomato, Diced Red Onion, Lettuce, Tzatziki Sauce, Lemon Herb Rice & Chateau Blend Veggies HEALTHY CHOICE: Grilled Turkey Burgers with Pesto, Roasted Peppers & Caramelized Onions PIZZA: Hawaiian Pizza DESSERT: Assorted Cookies</p>	<p>SOUP: Chicken Corn Chowder / Butternut Squash Bisque ENTRÉE: Carved Roasted New York Strip Steak with GF Beef Gravy STARCH & VEGETABLE: Mashed Potatoes / Roasted Asparagus w/Garlic Oil SALAD: Italian Shrimp Salad COOK’S CORNER: STIR FRY BAR DELI: BURRITO BAR! ALLERGEN: GF Carved New York Strip w/GF Gravy, Mashed Potatoes & Roasted Asparagus HEALTHY CHOICE: Grilled Turkey Burgers with Pesto, Roasted Peppers & Caramelized Onions PIZZA: Hawaiian Pizza DESSERT: Strawberry Layer Cake</p>
<p>FRIDAY – 3/27 OMELETS TO ORDER French Toast</p>	<p>SOUP: Tomato Soup ENTRÉE: General Tso’s Chicken STARCH & VEGETABLE: Jasmine Rice / Broccoli SALAD: DuJour COOK’S CORNER: Grilled Cheese Bar DELI: BURRITO BAR! ALLERGEN: GF General Tso’s Chicken, Jasmine Rice & Broccoli HEALTHY CHOICE: Chicken & Black Bean Salad PIZZA: Broccoli White Pizza DESSERT: Oatmeal Raisin Cookies</p>	<p>SOUP: Tomato Soup ENTRÉE: Chicken Scarpiello (GF) w/Chicken Thighs & Italian Tomato Ragu STARCH & VEGETABLE: Egg Noodles / Sauteed Spinach w/Garlic Oil SALAD: DuJour COOK’S CORNER: Grilled Cheese Bar DELI: BURRITO BAR! ALLERGEN: GF Chicken Scarpiello w/Chicken Thighs, Sausage & Tomato Ragu, GF Fusilli, Sauteed Spinach w/Garlic Oil HEALTHY CHOICE: Turkey Pinwheels w/Roasted Red Peppers & Spinach PIZZA: Broccoli White Pizza DESSERT: Tuxedo Mousse Cake</p>
<p>SATURDAY – 3/28 Continental Breakfast Omelets (CTO) 9:30am-11:00am</p>	<p>SOUP : Soup Du Jour ENTRÉE : Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Broccoli, Cheddar & Egg Strudel (11:00-2:00) COOK’S CORNER : Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizza DESSERT: Assorted Pastries & Donuts</p>	<p>SOUP: Soup Du Jour ENTRÉE: Chicken & Vegetable Lo Mein STARCH & VEGETABLE: Steamed Vegetable Dumplings / Garlic Green Beans COOK’S CORNER: Closed ALLERGEN: GF Chicken & Vegetable Lo Mein, White Rice & Garlic Green Beans PIZZA: Assorted Pizza DESSERT: Sundae Bar</p>
<p>SUNDAY – 3/29 Continental Breakfast Omelets (CTO) 9:30am-11:00am</p>	<p>SOUP: Soup Du Jour ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Bread Pudding w/Vanilla Custard Sauce (11:00-2:00) COOK’S CORNER : Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizzas DESSERT: Assorted Pastries & Donuts</p>	<p>SOUP : Soup Du Jour ENTRÉE : Deconstructed Beef Kebab w/Grape Tomatoes, Onions & Mushrooms STARCH & VEGETABLE: Steamed Potatoes / Roasted Crinkle Cut Carrots & Cauliflower Florets COOK’S CORNER : Closed ALLERGEN: GF Deconstructed Beef Kebab w/Grape Tomatoes, Onions & Mushrooms, Steamed Potatoes, Carrots & Roasted Cauliflower PIZZA: Assorted Pizza DESSERT: Sundae Bar</p>